

Scottish Satyananda Yoga Network

Residential Weekend Seminar

Evolving through the



Chakras

with

Swami

GyanDharma

**From 5 pm Friday 17th - 3 pm Sunday May 19th 2019,
Carronvale House, Larbert FK 5 3LH**

"Growing and evolving is the very essence of Chakra work. Energy, both creating it and harmonizing it, is at the centre of the Chakra experience. Come and participate in a weekend of going beyond the obvious symbology of the Chakras, aiming at the practical essence."

**Fee: £180 including accommodation,
food and teaching (£50 deposit on booking)**

Application forms from Carol Godridge

Tel.01848 200681 yoga@cgodridge.plus.com

